

BUILDING BLOCKS IN PASTORAL CARE

**2023
NEW COURSE**



acc

Association of
Christians in Counselling
and Linked Professions

Thursdays on 28 Sep, 5, 12, 19, 26 Oct & 2 Nov

7-9.15pm | Zoom

Introductory price: £65 (£55 for ACC members)

To book: www.acc-uk.org



about the course

Do you wish to build upon your existing knowledge and skills in pastoral care?
Are you seeking fresh insights to provide effective pastoral care?

This 6-week Building Blocks in Pastoral Care builds on our Foundations in Pastoral Care and is best suited to experienced Christian pastoral carers who are actively involved in the ministry of pastoral care and regularly encounter a range of pastoral needs. If you have previously joined us for the 10-week Resourcing Pastoral Care Course, this new course provides additional learning to extend your practice as a pastoral carer.

Each week, the course provides an engaging range of activities such as teaching, group work, discussion, individual reflection and prayer to enable:

- embedding of theory and practice through real scenarios
- exploration of the complexities of commonly encountered pastoral situations
- increased self-awareness and personal spiritual growth

Topics are many and varied which reflect the complexity of pastoral care. They include:

- advanced listening skills
- the use of empathy, presence, scripture and prayer
- pastoral care responses to loss, grief, suffering and their impact on the journey of faith
- pastoral support during bereavement and mental health challenges
- spiritual need
- preparing ourselves for pastoral care
- attending to our own wellbeing and faith journey

For any enquiry about the course, please contact office@acc-uk.org.

The development of this course is funded by Brighter Lives.