



We are delighted to offer a workshop on

Complex Grief & Trauma

Friday 4 October 2024

Cost includes refreshments, please bring a packed lunch

£80 per person

£60 per person for students and for those working for charities, churches and the NHS

**At Colchester Road Baptist Church, Ipswich
(Entrance on Sidegate Lane, IP4 3DL)**

From 9.00am for prompt 9.30am start to 4.00pm (6 hours CPD)

Facilitated by Sue Pullen

This day is suitable for student & qualified Counsellors, Supervisors, Ministers & Church Leaders, Pastoral & Youth Workers, Teachers & Teaching Assistants together with anyone with an interest in this subject. **Please note that this training is not suitable for anyone who is newly bereaved.**

Sue is a counsellor, supervisor, and a trainer with a specialism in bereavement. She shares from her extensive experience of working with families and children that have been bereaved in both community and hospice settings. Sue has worked with the Macmillan Cancer Support team at a local hospital, and she supervises those working in the community with life limited children, adults and the bereaved, as well as seeing her own clients.

In an interactive and experiential day, we will explore:

- * Can we define complex grief, if so, what is it?
- * Can we talk about traumatic grief?
- * Does trauma impact grief?
- * How do we work with complex grief?

Looking at current thinking and using group experiences, stories and scenarios we will explore this often confusing and challenging subject.

This training is face-to-face.

Should you require further information please contact *Inspire* on 01473 217694 or email Carole Sherratt at contact@inspirecounselling.org.uk