



We are delighted to offer a workshop on

Autism (ASD)

Friday 28th March 2025

£90 per person

£70 per person for students and for those working for charities, churches and the NHS
Cost includes refreshments. Please bring a packed lunch

At St. Andrew's Church Hall, Rushmere St. Andrew, Ipswich, IP5 1DH

From 9.00am for prompt 9.30am start to 4.15pm (6 hours CPD)

Facilitated by Emma Moat

Emma Moat is an experienced Play Therapist, Counsellor and SandStory Therapist and Trainer who has over 15 years of experience of working with children and teens in a variety of institutions. She currently works in private practice and in schools supporting children and adults, as well as delivering a wide range of training both in the UK and abroad. www.cambridgecreativecounselling.co.uk

This day is suitable for student & qualified Counsellors, Supervisors, Ministers & Church Leaders, Pastoral & Youth Workers, Teachers & Teaching Assistants together with anyone with an interest in this subject.

This workshop offers practical and creative approaches to meet the unique needs of individuals with ASD, including difficulties in communication, sensory processing and social interaction. The workshop will cover the basics of ASD, and explores how some creative activities can create safe, structured ways for individuals to express feelings and experiences that may be hard to communicate verbally. Activities including drawing and creative storytelling will be included, showing how these can foster social skills, emotional awareness and self-acceptance. The workshop will give you the opportunity to gain a toolkit of creative and adaptable strategies for those on the autism spectrum.

This training is face-to-face.

Should you require further information please contact *Inspire* on 01473 217694 or email Carole Sherratt at contact@inspirecounselling.org.uk